The Mitchell Friday Note is an important place to be sure you have the current information about what’s happening in our school.

**MLK Week of Giving**

The week of January 16-19 Mitchell students, the PTA, and the Fuel Up Play 60 students partner to exemplify some of Dr. Martin Luther King Jr.’s values and actions of service. Our school community is partnering with organizations (BGOLDN, Children’s Hospital, and One Warm Coat) to collect food items, toiletry items, toys, and coats for students and families in need. Next week there will be a table set up for donations, and Fuel Up students will help organize the donations during drop off in the morning. This is a great opportunity to continue the conversation of Mitchell ROCKS and service beyond our school walls. Thank you!

**Middle of the Year Assessment Reports**

Acadience/DIBELS and/or MAP reports are coming home in Friday Folders. These reports are annotated with explanations of the different areas and scores. These assessments allow teachers to continue to plan instruction throughout the year. Families can always access students assessment information in Student Insights at any point during the school year as well.
Monthly SEL-Share For Parents/Home:

1/ 12/24

Although it’s not officially a diagnosis, perfectionism is often misunderstood when we talk about kids’ mental health. Just like we casually say “I’m so OCD” and mean we are super clean or organized, we tend to call anyone who is a high achiever a perfectionist. But perfectionism isn’t always something that pushes kids to succeed; it can also hold kids back, and put them at risk for anxiety and depression. Here are some strategies to support your student that tends to be a perfectionist:

Anxiety in Children: 10 Practical Strategies to Help Kids Manage Perfectionism

Be sure to visit the SEL page on our Mitchell Website
SEL at Mitchell

A warm thank you to the Mitchell PTA and families for the delicious lunch provided last week for teachers as they collaborated, planned, and dug into some learning together!

School Accountability Committee

SAC serves as an advisory body to support our school's shared leadership model. All are welcome! We have quarterly meetings to discuss and gather input around school improvement priorities and strategies and more. The next SAC meeting will be Monday, January 16th at 3:45 in the Mitchell Library. On the agenda this time:
- District Budgeting Understanding
- Mitchell Budget priorities 24-25

The Mitchell School Library is looking for library volunteers. We need help shelving books, helping with class check out, and other various tasks. It is easy to volunteer and we can teach you everything you need know! We can coordinate your shift with your child's library time. Please use this Signup Genius if you are interested. Thank you!
**Afterschool activities:** Next Tuesday, Jan 16th only Tae Kwon Do and Girl Scouts will meet at 3:35. Most other activities begin the week of Jan 22nd. You can check with the individual programs or the calendar on the website for specific meeting dates. Links to sign up for afterschool activities are on the website- Activities & Programs/After School Activities.

**PTA Corner**

![Image](image_url)

**Creating a Mitchell Community Cookbook**

The Mitchell Equity, Diversity and Inclusion Committee is interested in understanding our Mitchell Family through a Community Cookbook. We invite you to contribute your cherished recipes, each one a culinary journey that embodies the essence of your culture. Recipes tell these stories, whether they are passed down through generations or shared in a whole network of friends – they are your culture. We hope you can find a moment over the winter break to share a recipe or two! Recipes are being collected through this form.
Save the Date: Western on Washington

The Western on Washington is Mitchell Elementary’s largest fundraiser and is now an event for our entire community - alumni, grandparents, friends, local business owners - the more, the merrier! So come one, come all, and bring everyone to show off Golden!

April 19, 2024  Tickets now available here:  
https://www.eventbrite.com/e/2024-western-on-washington-a-saloon-stroll-tickets-735897889397

Sponsorship interest? Txt 303.917.4572

Are you a local business wanting to show your support for Mitchell students, teachers and staff? Sign up today to become a 2024 Mitchell PTA Sponsor. You will get great exposure with our Mitchell families and the broader Golden community through recognition at Western on Washington, social media, and at other events. Spots are filling up quickly! Please sign up online or email mitchellptapres@gmail.com. Deadline: January 26, 2024.

Important Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>January 15th</td>
<td>No School- Martin Luther King Jr. Day</td>
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<tr>
<td>January 16th</td>
<td>School Accountability Committee 3:45 PM</td>
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<tr>
<td>January 17th</td>
<td>Group Picture Day</td>
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<tr>
<td>January 25th</td>
<td>5th Grade Music Performance 5:00 PM</td>
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Celebrate our Rocking Mustangs and Recess ROCKStars

Please don’t hesitate to call the office with any questions 303.982.5875 or go onto our website http://mitchell.jeffcopublicschools.org for up to date school information.