Message From the Principal

Dear Columbine Hills Community,

“Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.” — William Arthur Ward

November is often a time that we reflect on the things we are thankful for and show our gratitude. The Columbine Staff is thankful to be serving you and your children. It is always wonderful to see a community working together to ensure the success of our students. We thank you all for supporting our school and community. We hope that you take the time this month to reach out and show gratitude to those around you.

This month we will also be taking the time to thank those who service our country. We are looking forward to honoring all of the men and women who have served in the military on Veterans Day. We will be creating a video that you can send to Veterans you know to share appreciation for their service. We will also be creating a wall of honor for this event. A letter was sent home in October explaining this project. If you have questions, please contact your child’s teacher or the office.

This year we will also be doing a school-wide service project and collecting donations of toothbrushes, toothpaste (travel size) and socks. These will be donated to the Valor Point Domiciliary. Please bring donations to Columbine Hills from October 27th through November 11th. We look forward to giving back to those who have given so much for our freedoms.

continued...
Message From the Principal, continued...

Please join us for our SAC (School Accountability Committee) meeting on Thursday, November 9th at 5:30pm in our professional learning room. PTA will follow at 6:30pm. We hope you can join us for these meetings.

As your principal, I continue to strive for a successful experience for your child. I welcome any questions, concerns or comments anytime. Please feel free to send me an email or contact me at (303)982-5540.

Sincerely,

Christa Wilson
Principal
“Aiming for Success, Believing…Together We Can!”
Winter Weather
As winter approaches, please make sure your child is wearing appropriate clothing. We know that the weather can change during the day, so please send coats, hats, boots, etc. We will be going outside for recess unless it is below 20 degrees or if there is precipitation.

Parking Lot Safety
Please help us keep our students safe by driving slowly through our parking lot and watching closely for students walking to cars. Please use the crosswalk so that we can ensure that students are getting to and from school safely. Please do not park in the bus lane in the front of the school or in no parking areas in the parking lot. Thank you for your help!

School Attendance
Attendance is the responsibility of the student, the parents, and the school. The importance of regular, daily attendance as a basis for academic achievement cannot be over-emphasized. Absences have a negative effect upon instructional continuity, regardless of the attempts to make up work. Our school has designated a target goal of 96% attendance this year and reviews attendance monthly to ensure all students are helping to meet our goal.
Veteran’s Day

For the month of November we also create a Wall of Honor. Forms to recognize a Veteran that you know were sent home in Monday folders at the end of October. We hope you can join us for this celebration. As a school we will be creating a video to celebrate our Veterans. We will send the link out to all families on Veterans Day. Please feel free to share it with any Veterans you know to thank them for their service and dedication to our country.

Holiday Assistance

In addition to our weekly Bak Pak Program for students, Light of the World Parish is doing a Christmas Present Drive for families who might be struggling with getting Christmas presents for their students this year. Please call the office at 303-982-5540 to let them know if your family, or you know of a family, who would benefit from this very gracious program before November 8th, 2021.
Calling All Watch D.O.G.S

On Tuesday, November 2, 2021 from 6:00pm-7:30pm we will be having our annual Watch D.O.G.S. Kickoff! You will meet here at the school cafeteria at 6:00pm for a FREE dinner. At 6:30pm the students will watch a magician perform while we will have a presentation about our WATCH D.O.G.S.® (Dads Of Great Students) Program. WATCH D.O.G.S.® is an innovative program being used by schools across America which helps them to be positively impacted by the committed involvement of fathers and father-figures in their student’s life. Our goal is to have you spend at least one day this year at the school to be a positive male role model and to provide an extra set of eyes and ears.

Dads, granddads, uncles, step-dads and adult brothers . . . this is your chance to have a night out alone with your student in a fun atmosphere at school.

In order to participate, you need to do two things:

1. RSVP to the office saying that you will attend so that we’ll have an accurate head count for the food.

2. Mark your calendars, and we’ll see you Tuesday, November 2nd from 6:00pm –7:30 pm.
Sponsorship space in this newsletter is extremely affordable! Reach parents in your local community & a significant portion of your investment goes back to the school! Want to sponsor this school? Please contact Rob Mangelson at Rob@tscacolorado.com or (720) 878-4107.
Writer of the Month Awards

Congratulations to the following students who were selected as the Writer of the Month for the month of October 2021 by their teachers. Their writing will be displayed in the front entry for everyone to read.

Kindergarten: **Peyton Witkowski** (Ms. Baltazar's class)  
**Collins Weber** (Mrs. Blackwell's class)

Grade 1: **Cora Cutsforth** (Mrs. Hartley's class)  
**Kaitlin Messner** (Mrs. McGeeney's class)

Grade 2: **Nolan Kubin** (Ms. Johanson's class)  
**Lily Maldonado** (Mrs. Strayer's class)

Grade 3: **Quinn Kartchner** (Mrs. Bawden's class)  
**Samuel Sisco** (Mrs. Sarcletti's class)

Grade 4: **Abigail Toth** (Mr. Capansky's class)  
**Levi Prage** (Ms. Kirkland's class)

Grade 5: **Ava Reynolds** (Mrs. Bettmann's class)  
**Kendall Becker** (Ms. Leebrick's class)
BEE Awards

Congratulations to the following students who were chosen by their homeroom teachers to receive the BEE (Being Excellent Everyday) Award for the month of October 2021. The BEE awards are sponsored by the Littleton Optimist Club. Selection is based upon students showing their best effort in citizenship, attendance, and perseverance. Each selected student receives a “BEE” t-shirt, a “BEE” pencil and a certificate.

Kindergarten: Vivienne Rathbun (Ms. Baltazar’s class)
   Everett Courville (Mrs. Blackwell’s class)

Grade 1: Jadon Davis (Mrs. Hartley’s class)
   Jadyn Miller (Ms. McGeeney’s class)

Grade 2: Rossi Rojas (Ms. Johanson’s class)
   Trinity Helton (Mrs. Strayer’s class)

Grade 3: Jacob Preussner (Mrs. Bawden’s class)
   Bella King (Mrs. Sarcletti’s class)

Grade 4: Patrick Mullen (Ms. Kirkland’s class)
   Lily Young (Mrs. Capansky’s class)

Grade 5: Gavin Kubin (Mrs. Bettmann’s class)
   Marcus Martinez (Ms. Leebrick’s)
BEE Awards, continued...
Save the Date! Family Science Night is Thursday, November 18th from 5-7pm. Bring the entire family to show off your experiment and enjoy the presenters. Congratulations to this year's winners for the Science Fair logos, click the link below!

2021 Science Fair Logo Winners

The PTA is super excited to be able to have Canvas and Kids back this year. This event is limited and will fill up fast. More information to come home soon, but mark your calendars for Friday, December 3rd.

- We are expecting delivery of the Fundraising product and prizes in Mid-November. We will communicate when we have an exact date and time.

“Teachers teach because they care. Teaching young people is what they do best. It requires long hours, patience and care.” -Horace Mann

It is November, the month of thankfulness and the PTA is THANKFUL for the amazing staff at Columbine Hills. You are appreciated!

Our next PTA meeting will be Tuesday, November 9th at 6:30. All attendees will be entered into a door prize drawing, for a gift card worth $25. We look forward to seeing you there.

-CHE PTA

Questions and comments - columbinehillspta@gmail.com
NOVEMBER DIGITAL CITIZENSHIP RESOURCE

Dear Families,

Learning never stops and neither does digital citizenship. Teaching our students digital skills and inviting them to reflect on how media and technology affect their daily lives is essential to helping them connect with the world around them. Jeffco Public Schools continues to partner with Common Sense Education to provide our students, teachers, and families with engaging, timely, and essential digital citizenship resources.

During the month of November, many of our classrooms will engage in digital citizenship learning related to Media Literacy. Media Literacy addresses important concepts such as bias, opinion, author’s purpose, and critical thinking. It also includes asking specific questions and backing up your opinions with facts.

Monthly Motto: *We are critical thinkers and creators.*

Discussion Question for School and Home: How can I be a critical consumer and creator of news and media?

Try these Family Activities:

- Kindergarten  [English](#)
- Grade 1  [English](#)
- Grade 2  [English](#)
- Grades 3-5  [English Spanish](#)
- Grades 6-8  [English Spanish](#)

Family Tips Sheet

- Help Kids Spot Fake News and Decode Media Messages:
  - Grades K-5  [English Spanish](#)
  - Grades 6-12  [English Spanish](#)

Additional Family Engagement Resources

Common Sense Media [Resources](#)

Jeffco’s Tech for Ed Website

Digital Wellness

Start a Conversation around Screen Time
Jeffco Public Schools now provides families the ability to monitor and control their student’s Internet and app activity on district devices at home via the Securly Home app.

The SecurlyHome app offers parents the ability to both monitor and control students’ internet activity outside of the Jeffco Public Schools network.

Families can see their child’s online activity in the Activity Feed. You can create Rules for your child’s device while they are connected to your home WiFi, as well as block categories or specific sites. Flagged Activities will notify you of any potential alarming searches. You also have the ability to Pause Internet and set usage timers on your child’s device.

Once your student is back on Jeffco WiFi, the district filter will override the Home preferences. Reconnecting back at home, the SecurlyHome app setting will begin again.

To get the app:
1. Download the SecurlyHome app
2. Enter the email that is registered with Jeffco Connect and tap “Get Instant Access”
3. You will get a confirmation email. Click on the link and you are ready to begin!
4. Apply Rules and use the features as previously mentioned
Children and Friendships

For children, making friends is an important part of growing up and part of their social and emotional development. Attributes such as social competence, kindness, self-esteem, and self-confidence have all been found to be linked to having friends. Friendships can allow children to learn more about themselves and to develop their own identity.

It is not always easy for children to know how to manage friendships. Learning how to make and keep new friends involves skills children need to learn. For some children these skills come naturally, for others, friendships are more challenging.

There are ways we can help children navigate friendships to become more confident and to develop stronger social skills.

- **Help your child develop positive social skills early.** Help them understand the importance of sharing, considering other people’s feelings, taking turns, and listening to other people.

- **Demonstrate to your child how friendships work** by letting them see positive examples in their home and community.

- **Help your child find other children with similar interests**, such as through dance class, soccer, chess club, theater group.

- Offer ideas for **icebreakers to start a conversation**, role-play what they can say.

- **Help them find new areas of interest** to increase exposure to possible positive friends.

Childhood friendships have ups and downs. Arguments are a natural part of friendship, but arguments can be confusing and upsetting. If your child has had a disagreement with a friend, have a conversation with them about how they feel and how their friend might be feeling. Help them understand there are ups and downs in friendship, and one argument doesn’t mean the friendship is over. Offer some positive next steps and follow up later.
A Monthly Insight on Social Emotional Learning at CHE

Vocabulary

**Bullying is.....**
- One-Sided: Occurs when one student with power targets another student with less power.
- On-going: behavior that is continuous and happens over and over.
- Physical: hitting, kicking, punching, spitting, etc.
- Relational: gossip, purposeful exclusion
- Cyber: Online using technology
- Verbal: words, threats, often coupled with physical, relational, and cyber

**Bullying is not.....**
- Fighting: students fighting with each other physically
- Teasing: A one time incident
- Arguing: students verbally fighting
- Interpersonal Conflict: conflict between students

**Bullying Prevention**

An overview of Curriculum

This month all students in the building will begin Second Step’s bullying prevention unit for social emotional learning.

**Unit Description**

The Goals of the bullying prevention unit are to develop students’ skills for recognizing, reporting, and refusing bullying and foster a climate of safety and respect for all.

**Goals of Unit Kindergarten- 2nd Grade**

1. Recognize bullying behaviors
   - Define bullying
   - Identify bullying
2. Report bullying
   - Identify adults to talk to about bullying
   - Learn and use assertiveness skills
3. Refuse bullying
   - Understanding that one can refuse to let bullying happen
   - Using assertiveness to refuse bullying

**Goals of Unit 3rd-4th Grade**

1. Recognize, report, and refuse bullying
   - Understand the difference between bullying and conflict
   - Recognize, report, and refuse the four types of bullying
2. Understand the power of bystanders
   - Identify ways bystanders can help stop bullying
   - Identify ways bystanders can support someone being bullied
3. Take responsibility for stopping bullying
   - Understanding how bystanders can be a part of the problem
4. Recognize, refuse, and report the four types of bullying
   - Physical
   - Relational
   - Cyber
   - Verbal

*continued...*
Want more Information about Social Emotional Learning? Visit the SEL Website https://sites.google.com/jeffcoschools.us/selatche/home

There are no bad emotions
There are no emotions that are “bad” or “good.” Emotions are neutral, natural, and common. Emotions occur for all of us universally. It is how we manage these emotions that can cause difficulties for families, students, and staff. When those around you are having challenging behaviors due to unregulated emotions try using neutral language around emotions.

Emotions with Kindergarteners

In addition to bullying prevention Kindergarten will be working on emotion identification this month using supplemental activities. Being able to identify emotions using a variety of clues is important for social interaction between Kindergarteners. This month Kindergarteners will become emotion detectives! Using clues such as body language, words, and facial expressions they will be able to identify a variety of emotions.

Please do not hesitate to contact Chloe Shaw for more information on SEL at CHE
Chloe.Shaw@jeffco.k12.co.us
Columbine Hills Elementary
Community Service Project
Supporting our Veterans

Each year CHE recognizes our Veterans for their service and dedication to our country. This year we will be doing a school-wide service project and collecting donations of toothbrushes, toothpaste (travel size) and socks. These will be donated to the Valor Point Domiciliary.

The Valor Point VA Domiciliary serves Veterans experiencing homelessness. The Veterans can live there for 6 to 12 months while recovering from substance abuse and mental health issues while working to stay sober and find housing and employment. They usually have anywhere from 30-40 residents.

Please bring donations to Columbine Hills from October 27th through November 11th. We look forward to giving back to those who have given so much for our freedoms.

Thank you in advance for your generosity and donation!

The Columbine Hills Staff
Did you know that 1 in 20 children have head lice at any given time and only about ½ of those children will experience the hallmark, itchy head symptom? The itch is caused by an allergic reaction to the saliva of the head lice, but not every person will experience the reaction. What this means is that the other ½ of students with lice have no symptoms and go unidentified.

That is where you come in. But first, you should know a few things about head lice:

- Head lice are a common problem
- Head lice do not discriminate
- Head lice are a nuisance but do NOT cause serious illness or carry any disease.
- Head Lice lay and attach their eggs to a hair strand close to the scalp using a sticky substance that holds them firmly in place.
- The eggs and their shell casings are called nits. After the eggs hatch, the empty nits stay on the hair shaft but are harmless.
- Head lice live about 28 days and develop in three phases:
  - Egg or nit ~ Eggs/nits hatch in 6 to 9 days. Eggs are usually found within 4 to 6 mm of the scalp and do not survive if they are farther away.
  - Nymph~The nymph looks like an adult head louse but is much smaller. Nymphs become adults about 7 days after hatching.
  - Adult louse ~ An adult louse multiplies fast and lays up to 10 eggs a day. It takes only about 12 to 14 days for newly hatched eggs to reach adulthood.
  - This cycle can repeat itself every 3 weeks if head lice are left untreated.
- Head lice crawl; they DO NOT hop or fly.
- They are spread by close, prolonged head-to-head contact with the hair of an infested person.
- Spread by contact with clothing (such as hats, scarves, coats) or other personal items (such as combs, brushes, or towels) used by an infested person is uncommon.
- Head lice feed specifically on human blood (not animal blood) and don't stray far from their food source.
- When away from a person they're going to die within 24 hours.

continued...
Head Lice, *continued*...

Control of head lice depends on prompt diagnosis, effective treatment and teamwork! THIS IS WHERE WE NEED YOUR HELP! Your help in inspecting your child frequently throughout the school year for the presence of head lice would be greatly appreciated.

- Seat your child in a brightly lit room.
- Part the hair and look for crawling lice/nits the scalp a section at a time. Live lice are hard to find. They avoid light and move quickly.
- Nits will look like small white/yellow/brown specks and be firmly attached to the hair near the scalp. The easiest place to find them is at the hairline at the back of the neck or behind the ears. Nits can be confused with many other things such as dandruff, dirt particles, or hair spray droplets. The way to tell the difference is that nits are firmly attached to hair, while dandruff, dirt, or other particles are not.
- Use a fine-tooth comb to help you search the scalp section by section
- Notify your student’s school health room if lice are found or if you have any questions or concerns regarding lice and your student

The most effective way to treat head lice is with head lice medicine followed by the comb out method every 2-3 days for 2-3 weeks.

- Choose a product that contains *Permethrin*. Over-the-counter treatments contain 1% permethrin. Anything higher than 1% must be obtained from your healthcare provider.
- After each treatment, use the comb-out method to remove nits and eggs.
- Follow the directions on the package exactly as written.
- Never let children apply the medicine. Medicine should be applied by an adult.
- Do not use medicine on a child 2 years or younger without first checking with your child's health care provider
- Never place a plastic bag on a child's head.
- Do not leave a child alone with medicine in his or her hair.
- Repeat the treatment in 7 - 9 days after the first treatment (according to manufacturer's recommendations)
- Contact your student’s healthcare provider if lice remain following 2 treatments of recommended shampoo.

In order to avoid a recurrence the environment must also be treated

- Wash your student's clothes/ towels/ bed linens/hats in hot water and dry on high heat if they were used within 2 days before head lice were found and treated.
- You do not need to throw these items away. Items that cannot be washed may be dry-cleaned or sealed in a plastic bag for 2 weeks.
- Vacuum all furniture/mattresses
- Do not spray pesticides in your home.
- All household members and close contacts should also be checked and treated if necessary.
Columbine High School
Holiday Craft Fair
6201 S. Pierce Street** Littleton, CO 80123
Saturday, November 13, 2021
10:00 am to 4:00 pm
Admission $2.00
(10 & under free)
(all proceeds go toward Columbine’s After Prom, which provides a safe, fun and free event for our student after the dance.)
columbinecraftfair@gmail.com

The craft fair, participants and exhibitors will be subject to health orders or policies from the Jefferson County Department of Public Health and/or Jefferson County Public Schools. As of 10/1/21, everyone will be required to wear a mask to enter the school/craft fair.
Food For Thought BakPak Program

Each Thursday, the Food For Thought BakPak Program will distribute sacks filled with food to students who need food during the weekends. The Food For Thought BakPak Program is a partnership of businesses, faith-based ministries, and the communities of SW Jefferson County who care about hunger needs of students in our schools. This program is designed for families who are struggling financially and may need support to provide adequate food for their children on weekends. The weekend bags consist of food for meals for each participating student. The food will be packed in a plastic grocery bag. It will fit in the child’s own backpack or will be easy to carry.

If you wish for your student(s) to participate in this program, please complete the information below and return to the school office as soon as possible. If participating in this program, your student’s name will be shared with the BakPak program coordinator for the purpose of labeling the bags.

If you do not need assistance, but may be interested in making a monetary or food item donation toward this program, please let Denise Woodin, Columbine Hills Elementary Enrollment Secretary know.

If you have any other questions, please contact Denise Woodin at 303-982-5540 or email at denise.woodin@jeffco.k12.co.us

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_____ Yes, I would like my child (children) to participate in this program.

Parent Name: _____________________________________________________________

Student: __________________________ Classroom Teacher: _______________________

Student: __________________________ Classroom Teacher: _______________________

Student: __________________________ Classroom Teacher: _______________________

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Columbine Hills Elementary School “Home School Connection”

Please return to Christa Wilson, Principal

I have a question, a concern or something positive to share:

____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________

This information is optional:

Name:________________________________
Daytime Phone:_________________________

_________________________________________________________________________________________

We would like to give you an opportunity to share your appreciation of our staff by using this form below. Simply return the form to the office.

Staff Appreciation

Dear _________________________,

____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
____________________________________________________________________________
