School Accountability Committee
Columbine Hills Elementary
2022-2023
Welcome...

- Hi, my name is ________________.
- My son/daughter is in grade _____________.

JEFFCO THRIVES 2025

ACER
CHE Celebrations!!!
AIMING FOR SUCCESS, BELIEVING... TOGETHER WE CAN!

Through our shared values, the students, parents, staff and community members of Columbine Hills will collaboratively ensure an environment where everyone succeeds academically, socially, and emotionally to cultivate independent thinkers and problem solvers in a diverse and ever-changing world.

**GROWTH MINDSET**
We give and receive feedback with an open mind, engage in active listening, and persevere in the face of challenge.

**COMMUNICATION**
We communicate in a timely and consistent manner with honesty and positive intent.

**COLLABORATION**
We actively and respectfully share and use our knowledge and research-based practices to meet the needs of the CHE community.

**SHARED LEADERSHIP**
We share responsibility by utilizing the strengths and expertise of all community members to be intentional and solution-focused for continuous improvement.

**STUDENT CENTERED**
We build relationships with students by utilizing multiple academic, social, and emotional strategies through an encouraging environment with positive reinforcement.

**POSITIVITY**
We promote positivity by seeking to understand other perspectives, showing appreciation, expressing forgiveness, and having fun.
Our Learners: Our Future

All Jeffco students experience a culture of instructional excellence.

All Jeffco students have extraordinary student experiences that recognize their strengths, challenge them to improve, and support them to succeed.
Teamwork through Truth, Hope & Possibility
2022-2023 SAC Goals

1. Leverage group for feedback to provide input and recommendations to school leadership.
2. Increase participation among school families - through quick surveys as well as monthly meetings.
SAC Parent Survey: Review Results

Are you familiar with the mental health resources provided at Columbine Hills Elementary?
20 responses

- Yes: 45%
- No: 30%
- Somewhat: 25%
SAC Parent Survey: Review Results

Do you feel you receive adequate feedback on how your child is doing socially/emotionally at school?
20 responses

- Yes: 40%
- No: 20%
- Somewhat: 40%
If you responded no or somewhat, how can we improve communication about social emotional skills of CHE students?

Any additional comments or questions to you have regarding mental health supports at Columbine Hills Elementary?
Columbine Hills Mental Health Team

“Alone we can do so little; together we can do so much” - Helen Keller

Jenifer Wells, MA
Social Emotional Learning Specialist

Jessica Corbin, LCSW
School Social Worker
School Wide Supports

PBIS

Second Step

CICO

Calm Corner

Data Based Decision Making

Universal Screening and Progress Monitoring

Layered Continuum

Evidence-Based Practices

Shared Leadership

Family, School, and Community Partnering

JEFFCO MTSS
Social-Emotional Learning at Columbine Hills
What Is Social-Emotional Learning?

Social-emotional learning (SEL) helps people:

- Understand and manage their emotions
- Set and achieve positive goals
- Have and show empathy for others
- Establish and maintain positive relationships
- Make responsible decisions
The Goal of SEL in Schools

SEL in schools supports whole-child development. When implemented schoolwide, SEL can help create a positive school climate where students and adults can thrive together, improving social-emotional competence and academic achievement.
Research Links Evidence-Based SEL to Positive Outcomes

Student Gains in . . .
- Social-emotional skills
- Improved attitudes about self, others, and school
- Prosocial classroom behavior
- 11 percentile-point gain in overall academic achievement

Reduced Risk of . . .
- Conduct issues
- Emotional distress

2017 Meta-Analysis: Lasting SEL Effects
A separate study found that SEL interventions are associated with lasting positive effects. Months or years after SEL exposure, students experienced increased levels of academic success and lower risks of adverse outcomes.
Social-Emotional Skills in Adulthood: Career & Community

The top 10 skills identified by the World Economic Forum all involve social and emotional competence:

1. Complex problem-solving
2. Critical thinking
3. Creativity
4. People management
5. Coordinating with others
6. Emotional Intelligence
7. Judgment and decision-making
8. Service orientation
9. Negotiation
10. Cognitive flexibility

Social-emotional skills can help adults be successful contributors to the communities in which they belong.
Welcome to Second Step® Elementary

The Second Step® Elementary digital program is the SEL program we are using this year.

It’s research-based and made for elementary students.
Bi-Weekly Lessons

Lessons per grade: 20 lessons

Teaching time: 15-30 minutes

Includes: Songs, videos, handouts, discussions, Brain Builder activities, daily practice activities

Along with this, we also do circles and activities that allow students to extend and apply their learning in the 45-50 minute period.
Second Step® Skills and Concepts

Unit 1: Growth Mindset & Goal-Setting
Unit 2: Emotion Management
Unit 3: Empathy & Kindness
Unit 4: Problem-Solving

Each unit is composed of 5 lessons per grade
Unit 1: Growth Mindset & Goal-Setting

Students learn how to:

- Pay attention and manage distractions
- Develop a growth mindset
- Apply goal-setting strategies to their social and academic lives

Grade 2, Lesson 1
Unit 2: Emotion Management

Students learn how to:

- Identify and label their own and others’ emotions
- Use emotion-management strategies to calm strong feelings, including stress management for older students
Unit 3: Empathy & Kindness

Students learn how to:

- Recognize kindness and do kind acts for others
- Have empathy for others and take others’ perspectives
- Recognize kind acts and empathy as important elements in building and maintaining relationships
Unit 4: Problem-Solving

Students learn how to:

- Identify and state a problem
- Recognize if a problem is an accident
- Use the STEP problem-solving process:
  - S: Say the problem
  - T: Think of solutions
  - E: Explore the outcomes
  - P: Pick a solution
Support SEL at Home

You can support your child’s social-emotional development at home.

- Follow along throughout the year as each unit progresses.
- You’ll receive bi-weekly communications in your child’s newsletter to help you reinforce Second Step language, skills, and goals at home.
- There is also information that is posted in the monthly Hoofprints newsletter.
References


Social Worker: Jessica Corbin, LCSW

- **Tier 3 Mental Health Supports for students with an IEP or 504 Plan**
  - Social skills, interpersonal relationships, emotion identification & regulation, impulse control, executive functioning skills, problem solving, etc.
  - Variety of services

- **Tier 1 & 2 Mental Health support as needed**
  - Grief/Loss, emotion regulation, friendships, communication, restorative conversations, etc.

- **Consultation with general education classrooms**
  - PBIS, Behavior Plans, Mental Health supports, IEPs

- **IEPs**
  - Assessments, FBA/BIP and Service Minutes

- **Screeners for mental health crisis**